

Mind  
Wise

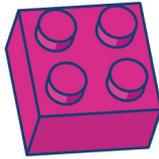
BEYOND  
BRICKS™



**Lego® Based Play.**

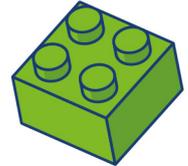
# **Building Blocks for Strong Foundations**

MindWise  
Pinewood House, 46 Newforge Lane  
Belfast, BT9 5NW Northern Ireland  
[www.mindwisenv.com](http://www.mindwisenv.com)



**Beyond Bricks is Lego® Based Play** which uses a 'recovery to discovery' approach, to enhance childrens overall mental health and wellbeing, now and in the future.

We will work with schools to support the pupils recover and discover new skills to enable them to overcome impact of the pandemic, by focusing on five key aspects of emotional wellbeing as identified by the Education Authority 'Emotional Health and Wellbeing Framework'.



- **Self-awareness**
- **Motivation**
- **Self-control**
- **Social Resilience**
- **Coping**

Pupils will take part in a 5 week interactive programme in their school with their own teachers co facilitating the programme with trained Beyond Bricks Associates. Each pupil will leave with a personalised toolkit to help them cope with all five areas of the Emotional Health and Wellbeing Framework to navigate their future with confidence.

### **Would you like Beyond Bricks in your School?**

#### **Criteria:**

- 4 school staff available to train in Lego® Based Play with MindWise NI (one 4 hour session)
- Co deliver Beyond Bricks in your school with a Beyond Brick Training Associate to;
  - **A minimum of 1 class (25/ 30) P6 or P7's**
  - **For 5 weeks of Lego® based Play and self- development sessions.**
  - **For 1 hour per week.**
- Commit to the trained teachers delivering Beyond Bricks at least 1 more time in your school within 12 months of completing the co- facilitated programme. MindWise will be there to support you.

There are limited funded spaces available so please get in touch if you want to see if you are eligible.

**If you are interested in finding out more  
please contact Amy Stothers on:  
amy.stothers@mindwisenv.org or call 07719043925**